



Week 1							Week 2								
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
17th	18th	19th	20th	21st	22nd	23rd	24th	25th	26th	27th	28th	29th	30th	31st	
9.00	Arrival & Welcome	Breakfast & Daily Check-In					Day Off & Excursion	Breakfast & Daily Check-In							
10.00		PERMA 1 Intro to permaculture, compost & waste management	SHELTER 1 Footprint, eco-design considerations & construction	SHELTER 2 Passive thermal regulation	WATER 1 Water collection, filtration, storage and distribution	SHELTER 3 Compost toilets		SHELTER 4 Designing for compact spaces	SHELTER 5 Rocket stoves and ovens	SHELTER 6 Electrical energy - solar and wind	WATER 2 Solar hot water	FOOD 1 The environmental impact of food & nutrition	FOOD 2 Grow your own	TREE PLANTING & bringing it all together	Permaculture site designs & personal action plans
11.00															
12.00															
13.00		Lunch & Wash Up						Lunch & Wash Up							
14.00		PERMA 1 (Continued)	SHELTER 1 (Continued)	SHELTER 2 (Continued)	WATER 1 (Continued)	SHELTER 3 (Continued)		SHELTER 4 (Continued)	SHELTER 5 (Continued)	SHELTER 6 (Continued)	WATER 2 (Continued)	FOOD 1 (Continued)	FOOD 2 (Continued)	TREE PLANTING (Continued)	
15.00															
16.00															
17.00	Dinner	DISCUSSION The Doughnut	FILM & DISCUSSION Earthships	DISCUSSION Happy Planet	DISCUSSION Community Living	MOVIE NIGHT	FILM & DISCUSSION Sustainable Living	DISCUSSION Meaningful Life	FILM & DISCUSSION Ken Robinson	DISCUSSION Regeneration	DISCUSSION Millennials	MOVIE NIGHT	DISCUSSION Transport	Departure	
18.00															
19.00															
20.00	Introduction, Program Overview & Goals	Dinner and Personal Time					Dinner and Personal Time								
21.00															
22.00															